

TE MAUNGA RONGO RECONCILIATION

*Me whai whakaaro te tangata
- let's think - me kōrero puku
ki te Wairua o Hēhu - arā ki te
Wairua Tapu - and speak
quietly to the Spirit of Jesus -
to the Holy Spirit.
Stop being miserable and
defensive - kaati te noho pōuri!
- think of these words of Jesus:
"kia aroha koe ki te Atua me
tōu ngākau katoa - love God
with all your heart."*

GOD AND ME

Did I keep my eyes on the
guiding light of Jesus and his
teaching? Or did I always try
to please myself? This can lead
to all sorts of evasions, - kōrero
teka - lies - tāhae - theft -
skiting - whakapehapeha
Have I remembered to contact
God in prayer regularly - to ask
for guidance or thank God for
good things which have
happened?

Do I prioritise the Sunday Mass
with its messages from Holy
Scripture and the presence of
Jesus in Holy Communion?
Do I grumble against God when
things go wrong?

GOD, ME and OTHERS

Kei te tika āku mahi - am I fair
or do I judge people rashly?
Did I give good or bad example
- do I get riri - irritable for no
reason? Do I ngautuarā?
hurting people by talking
behind their back.

Did I show prejudice, racial or
otherwise? Am I unforgiving?

Did I fit in with aroha to the
family - whether as mātua
parent, child, teina, tuakana?

Did I tend to violence - lose
control - with tongue or fist?

Did I overdo eating or drinking
- matekai - haurangi?

Did I allow my sex urges to take
control and betray my loved
one?

Do I give good example to
people who are weak in the
whakapono, e.g. support my
local Christian whānau by
attending weekly Mass: give
financial help to people in
need?

In the CONFESSONAL- kneel behind the screen or sit facing the pirihi.

E Pā, whakatapua ahau nā te
mea kua hara ahau.

Bless me Father for I have
sinned.

Make the sign of the cross

Ki te Ingoa o te Matua, o te
Tamaiti o te Wairua Tapu.
Āmene.

Pirihi: Haere mai haere mai
haere mai. Come and be
reconciled with Jesus. I would
like first to read a text from
Holy Scripture.

Psalm 51 *"You are kind God!
Please have pity on me. You are
always merciful! Please wipe
away my sins. Create pure
thoughts in me and make me
faithful again."*

*Another helpful passage is this
one from Saint Paul in his letter
to the Romans: "I don't
understand why I act the way I
do. I don't do what I know is
right. I do the things I hate.
Although I don't do what I know
is right, I agree that the Law is
good. So I am not the one doing
these evil things. The sin that
lives in me is what does them. ..
What a miserable person I am.
Who will rescue me from this
body that is doomed to die.
Thank God! Jesus Christ will
rescue me."*

CONFESSING YOUR SINS.
Father these are the sins which
worry me.

*(Keep it general; don't be too
wordy. The pirihi will help if you
need it. I te mutunga iho ☺)*

Kua mutu wāku hara. These
are the sins I remember, but I
would like to include everything
which may have been wrong,
mai rā anō.

*(The pirihi hears your sins and
spiritually lifts up and presents
your life to the Holy Spirit kia
murua katoatia ō hara. He then
gives you a Penance - usually a
short prayer to say afterwards -
or he might suggest some special
kind act. Accept the Penance by
saying: Kia ora e Pā.)*

*Then the pirihi says: "And now -
a good Act of Sorrow. He
Meatanga o te Ripenetatanga."*

CHOOSE ONE OF THESE ACTS OF SORROW - or USE YOUR OWN WORDS to express sorrow and effort to improve.

1.
E te Atua, e tōku Matua pai
rawa, kei te mātau koe ki ōku
hara katoa. He nui te pōuri me
te mamae o tōku ngākau mōku
i hara ki ā koe, nā te mea he pai
rawa koe, ā, he mea kino te
hara ki ā koe. Kia mahara
koe, e tōku Matua, ki ngā
mamae me te matenga o tāu
Tamaiti o Hēhu Karaiti, ā,
murua ōku hē. E tūturu ana
tōku whakaaro ki te whakarere
i te hara mō āke, āke, ēngari
māu ahau e tiaki, e whakakaha,
kei hē anō ahau ki ā koe.

2
O my God, I am sorry that I
have sinned against you,
because you are so good, and
with your help I will not sin
again.

3.
Lord Jesus Christ, Son of the
living God, have mercy on me a
sinner.

4.
My God, I am sorry for my sins
with all my heart. In choosing
to do wrong and failing to do
good, I have sinned against you
whom I should love above all
things. I firmly intend, with
your help, to do penance, to sin
no more, and to avoid whatever
leads me to sin. Our Saviour
Jesus Christ suffered and died
for us. In his name, my God,
have mercy.

*The pirihi extends his hands over
the person and says:*

God, the Father of mercies,
through the death and
resurrection of his Son has
reconciled the world to himself
and sent the Holy Spirit among us
for the forgiveness of sins;
through the ministry of the
Church may God give you pardon
and peace, and I absolve you
from your sins in the name of the
Father and of the Son and of the
Holy Spirit.

(you answer) Amen.

Pirihi: The Lord has freed you
from your sins. Go in peace.